Making the Most of Post-16 - Understanding your learning style

Gardner's Theory of Multiple Intelligences



<u>Learner Style</u>	Example of how you could use the Learning Style
Solitary Learner Learn from personal attributes, strengths and weaknesses	
Auditory Learner Learn from oral instructions, music, rhymes, group discussions	
Visual Learner Learn from pictures, videos, patterns, graphs and charts	
Verbal/ Linguistic Learner Learn from words; heard, spoken and written	

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<u>Learner Style</u>	Example of how you could use the Learning Style
Logical/ Mathematical Learner Learn from numbers, theories, patterns, logic	
Social Learner Learn from working in teams, discussion, feedback	
Kinaesthetic Learner Learn from hands-on activities, models, role-play, movement	
Naturalistic Learner Learn from surrounding environment and the outdoors	